Floodwood Packing List - Troop 5 (2023)

All gear for the trek must be able to fit in, or on, your backpack. The troop gear will be divided up between participants to carry. All personal gear and troop gear must fit in your back. (Reserve room for troop gear.)

Troop needs: (many of these items can be provided by Floodwood and are noted as such with *FMR)

- Maps (*FMR)
- Water purification system (*FMR)
- Water Jugs or Water Bags (*FMR)
- Stove and fuel (Windscreen) (*FMR)
- Bear bag ropes (50 to 100 feet) & carabiners (*FMR)
- Garbage bags (*FMR)
- 1-2 medium-size pots with tops for boiling water (*FMR)
- Cooking spoon and ladle (*FMR)

- Additional cooking gear if we want to eat something that requires it (*FMR)
- Fire starter / matches / lighter (*FMR)
- Hand sanitizer (*FMR)
- Trowel & Toilet Paper (*FMR)
- Troop first aid kit (*FMR)
- Tarp/rope (rain shelter) (*FMR)
- Steel wool/scrubbing pad (*FMR)

Personal gear for trek: (packed in plastic bags or waterproof bags)

- Camping Backpack
- Pack cover
- Tent (to be shared) 2 or 3 person tent with ground cloth (MAKE SURE YOU HAVE ALL THE TENT PARTS) or Hammock (fly, straps, carabiners). Sleeping bag (note it can get cold in August, down to the 30s overnight). Another option is a summer sleeping bag and bag liner or long underwear to sleep in.
- Sleeping pad or air mattress
- 1 − 2 T-shirts (quick-dry preferred)
- Lightweight long sleeve shirt (for sun protection)
- 1 swimsuit (which will be worn for most of the trek)
- Long pants Zip-off pants are recommended (lightweight material, not blue jeans)
- Shorts
- Warm top (mid-weight fleece/wool pull-over not cotton sweatshirt)
- Warm hat (wool or fleece)
- Underwear 1 or 2 pairs are enough
- 1-2 pairs hiking socks (wool or synthetic wool)
- Water shoes (Tevas or Keens or old sneakers NOT flip flops or Crocs; you step out of the canoe into water and need shoes that will stay on in deep mud)
- Hiking shoes or sneakers (possible hike during the trek)
- Rain gear (rain jacket or poncho, rain pants-optional)
- Sun glasses and lanyard (lanyard for regular glasses if needed - keep from losing in water)

- Brimmed Hat for Sun
- Headlamp w/new batteries (NOT a handheld flashlight)
- Personal first aid kit (band-aids, cut ointment, duct tape, pain relief pills - ADULTS ONLY)
- 2 x 1-liter water bottles
- Bowl and spoon (plate, fork, knife not required)
- Drinking Cup
- Toothbrush & Toothpaste & Camping Soap
- Bandanna (doubles as a camp towel) or small towel
- Pocket Knife
- Rope (laundry line, fix tent, etc.) parachute cord
- Bug Spray
- Sunscreen
- Toilet paper (in Ziploc bag)
- Fishing Pole (optional needs to fit in backpack)
- Plastic bags (Compactor bags, zip lock bags, or garbage bags with twist ties to keep gear inside backpack dry)
- Small amount duct tape
- Compass (optional)

Brought but not taken on trek:

- Class A Uniform (worn at opening ceremony on Sunday night in basecamp...left at basecamp)
- Class B T-Shirt (for traveling up and back to Adirondacks)
- Bug net (optional used in basecamp only) clothes pins to put up
- Money for 3 meals, trading post, and tips (\$40)

Additional Personal gear and Notes:

- Change of clothes for travel home, soap, and towel to be left at basecamp for after we return from the trek (packed in a separate small bag). Rock climbing gear (closed-toe shoes)
- NO COTTON sweatshirts, hoodies, blue jeans quick-dry synthetics only
- Scouts should leave Cell Phones in cars at base camp. Adults may want a waterproof bag or case for phone.
- Pack one set of clothes to wear canoeing during the day (swimsuit, sun shirt, water shoes) and dry clothes for the evening (shorts/pants, shirt, walking shoes/sneakers, fleece.) One set of each. That is all that is really needed.

Contact David Bock for any questions or to do a gear shakedown for your troop before you head up to Floodwood. 201.788.8977 - text david.bock@gmail.com