

## A Typical Week at Floodwood

*While there is no typical week the general schedule of each week look something like this:*

### **Sunday:**

**1PM – 3PM:** Crews arrive at the West Pine Pond base camp between 1pm and 3pm and are met by their Voyageur in the parking lot. Crews are then shown their campsite, briefed on emergency procedures, escorted to medical reviews with the Camp Health Officer.

**3PM – 6PM:** Crews finalize plans for their trek: review itinerary, gear shakedown, review of hard/soft skills, trek food selection, gear check out, etc.

**6PM:** Welcome Flag Ceremony, followed immediately by the camp-wide BBQ in the Program Area.

**7PM:** Trading Post is open, and all leaders attend the Leaders Meeting to review final trek logistics, camp policies while out on trek, etc.

- Units sleep at the base camp Sunday night

### **Monday:**

**Early:** Staff prepares an all-you-can-eat send-off breakfast for all crews.

- Canoe Trips: crews typically leave camp in the morning either from our Canoe Base on Rollins Pond or are dropped off by camp vans.
- Backpacking Treks: crews are dropped off at the trailhead in the morning.

**Tuesday – Friday:** Crews are paddling or backpacking.

### **Friday:**

Crews paddle back to our Rollins Canoe Base or are picked up on Friday. Depending on time, crews enjoy in-camp activities.

**~6PM:** Camp-wide BBQ in the Program Area, enjoy fellowship with other crews and staff members, Trading Post is open, followed by a camp-wide campfire.

- Units sleep at the base camp Friday night

**Saturday:** Quick send-off breakfast and crews typically leave Floodwood by 9AM to head back home.